

Sat/Sun 12/13 Sep

Swimming

Another busy weekend for the children with many varied excursions with their host families.

On Sunday afternoon most of the children gathered at St Margarets Academy for a swimming lesson with well known local swimming club - Livingston Dolphins. The children all had one to one tuition with their own young person. It was great to see the children grow in confidence throughout the lesson with many discarding their arm bands, floats and sausages by the end and having the courage to jump in on their own. Great progress indeed as some were in tears at the start of their first lesson less than two weeks ago.

After they were dry they were treated to a snack and met the club mascot and were presented with medals, trophies and certificates to help them remember their time with the dolphins 😊

A huge thanks to Andrew from the dolphins for organising the day.

Cant believe we are now more than half way through the visit and tomorrow sees the start of our third week of activities. Bring it on 😊 It may be tiring but we are all having a great time.



