

Wed 16 Sep

Soup Lunch/Hill Climbing

Today was a fun sunny day.

It started with lessons and concert practice and we were joined today by Mike Cowan, Charity Director and Chief Executive for the whole charity in the UK and Isle of Man. It was great to see him and hear him practice his Russian with all the children. Mike does a huge amount of work for the charity but works on a voluntary basis like all of us.

The children took part in the short 15 minute church service all about FOCC where they sung two songs very well and behaved impeccably. We then shared a soup and sandwich lunch with the general public and great soup it was too, with lots of clean plates. Thanks to all who helped to make this time of fellowship possible.

After lunch we went for a lovely walk in the sunshine to eventually climb the "bings" or orangey reddy pinky coloured hills outside Broxburn. The children and adults were all very warm in the sun when we made it to the top and enjoyed some lovely views over West Lothian and in to Edinburgh..

On the way back we stopped at two play areas where the children played well and had good fun. Then it was back to the hall for a welcome drink and a treat of lovely chocolate cake.

Mike said his goodbyes to all the children by name, very impressive after only meeting them that day and the children then enjoyed some quiet time drawing until their host families arrived.

I think we will all sleep well tonight after lots of fresh air and walking





FOCC West Lothian Charity No: 1
SCO44448

