

# FOCC WEST LOTHIAN DAILY BLOG 2013

## Friday 7th June

### Howden Arts Centre and Potter Around



We set off for Howden at 09.30 and were met on arrival by Anne-Marie and her staff Nancy, Dawn, Fiona, and Isobel. Immediately, the children were given the task of tracing out heraldic coats of arms and making up their own, with Pasha paying particular attention to detail “a budding artist”.....well just maybe.



Then  
some gentle  
warm up  
before the

not so gentle

exercises and the dance routine gangnam style. You would think that some of our more senior helpers would know better: nae chance! Well done to Nat and John. Then outside to warm down, and back

in for lunch and a big thank you to all the staff before a game to allow the ladies the opportunity of a quick well deserved coffee, before heading off to Potter Around.



On arriving at Potter Around, Karen and Kirstie gave us a warm welcome. The children were split into two groups one doing pottery and the other jewellery making, the concentration on some of the faces was a picture in itself. I am certain that there will be some beautiful handmade presents going back home to Belarus. While there, the children were treated to juice and biscuits with the helpers getting the much needed tea or coffee. Again a big thank



you to the staff and all who helped to make the day so enjoyable.